

# Four Spiritual Relationships

As a leader, how do you care for your physical, emotional, mental, and spiritual well-being? How do you advocate for your needs, wants, and desires in a balanced way with those of others? Are you happy, healthy, and leading a fulfilling life?

*Self*

As a leader, how do you care for yourself, for others, for how you work, and for nature—in your physical, emotional, mental, and spiritual domains?

*Nature*

As a leader, how are you caring for the health & sustainability of the land, water, air, wildlife, and the living systems within which & from which you and others live? How will you do your part to leave future generations with an ecological and wildlife inheritance as diverse and bountiful as now?

*Self*

*Others*

As a leader, how do you experience & act on the suffering & joys, the human kinship and longings of others across the organization, across the aisle, across the land, across the globe? How do you want others to care for and treat you when you are in need?

Is your work meaningful? Does it lessen the suffering or increase the good in the world? Are you treated fairly & do you treat others fairly? Is there dignity in the conditions of your work that uplift the spirit? Do all aspects of your work & its byproducts strengthen the human community and the environment?

*Labor*

Respect, fairness, compassion, truth, and love—are they present & strong within each of these four spiritual relationships? When there is underdevelopment or breakdown in one or more of these four relationships, what impact might that have on you as a leader (and the stakeholders) whose lives you touch?